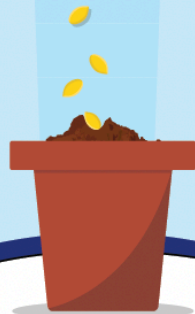


How to grow a Seedling



In a pot of soil, add seeds from kitchen vegetables e.g. tomato, pepper, peas etc.



Cover over the seeds with more soil and water.



Place pot where it can get some sun.



Make sure to water every couple of days.



In a couple of months you will have fresh vegetables.



Enjoy! Share with friends and family. Use some seeds to replant.



You can help Manatee and his friends by growing new plants.

